

CURRICULUM VITAE

PROFESSOR (DR) RAJENDRA KUMAR GUPTA



Father's Name : Shri Gyan Prakash
Date of Birth : 25.07.1957
Current Status : **Principal/Professor**
Govt. P.G. College
Gopeshwar (Chamoli), Uttarakhand
Phone : Mobile - **9412084302**, Office - **01372-252145**
Email- principalgopeshwar@gmail.com
Website - www.gpgcgopeshwar.org
Pay Scale : Rs. 1,44,200 - 2,18,200 Academic level 14

Educational Qualifications

: Ph.D.
M.A. (Political Science & Science of living and Yoga),
PG Diploma in Distance Education (IGNOU)
Diploma in Rural Development (IGNOU)
Master Diploma in Panchgavya

Experience

: 39 years P.G. teaching, research & administration

Administrative Assignments

- Examination Controller and Director, School of Rural Health Science, Uttarakhand Open University (2010-2011)
- Principal for two years [2006-07 & 2007-08] in S.M.J.N.[P.G.] College, Hardwar
- Principal (2011-2014) Govt. PG College, Lansdowne, Uttarakhand
- Academic Counsellor, Indira Gandhi National Open University, New Delhi
- Hosted the seat of Convener, Academica (Research body of Higher Education Directorate, Uttarakhand)
- Hosted the seat of Convener, Board of Studies in Yoga & Holistic Health [Kumaun University, Nainital & Member of RDC/ BOS in various universities]

Number of Ph.D. Awarded Under Supervision: 24

Experience of organizing Seminars & Conferences:

1. National Seminar "Democracy & Development: Ref. Uttaranchal 2001" (Under auspices of Directorate of Higher Education Uttaranchal) 2001.
2. National Seminar "Terrorism in India, Origin and Impact" (Sponsored by I.C.S.S.R., New Delhi) held on 27th & 28th Oct. 2002.
3. National Seminar "Quality of Higher Education in General & Uttaranchal in Particular" (Sponsored by U.G.C. & I.C.S.S.R. New Delhi) held on 28-29 July 2003.
4. National Seminar "Enigma of North Eastern States" (Sponsored by I.C.S.S.R. New Delhi) held on 8-9 Oct. 2003.
5. National Seminar "Corruption in India: Origin, Causes & Solution" (Sponsored by I.C.S.S.R. & U.G.C. New Delhi) held in 1&2 oct 2004.
6. First Conference of ACADEMICA (Directorate of Higher Education Uttaranchal, and sponsored by ICSSR New Delhi) held in 11th & 12th march 2005.
7. National Seminar on भक्ति काल का पुर्नमुल्यांकन (sponsored by UGC) held in 2006 at SMJN P.G. College, Haridwar.
8. National Seminar on Empowerment of Women in India: Myth or Reality (sponsored by ICSSR New Delhi) held in 2006 at SMJN P.G. College, Haridwar.
9. National Seminar on Regional and national Integration in India with special reference to Uttarakhand (sponsored by UGC & ICSSR New Delhi) held in 2007 at SMJN P.G. College, Haridwar.
10. National Seminar on Yoga, Mental Health & Society (Sponsored by CCRYN, Ministry of health & FW Govt. of India) held in 23rd & 24th May 2009.
11. National Seminar on Relevance of Yoga in present context as a Science of Living (Sponsored by UCOST) held in 17th & 18th March 2010.
12. National Seminar on Management of Lifestyle Disorders through AYN in 21st century (Sponsored by UCOST Dehradun) held in 2011 at Uttrakhand Open University Haldwani.
13. Organized short term course on Holistic health and life skills for teachers in 5-7 Sept, 2012 at Academic staff college, Nainital
14. Organized one day training program on human rights (Sponsored by NHRC, New Delhi) in 20th March, 2013 at Govt. P.G College, Lansdowne, Uttrakhand
15. Organized National conference on role of mathematics in its applications and development of science and technology (Sponsored by UCOST Dehradun) in 21-22 March, 2013 at Govt. P.G College, Lansdowne, Uttrakhand

16. Organized National seminar on Overview of democracy in India (Sponsored by ICSSR), held in 10-11 June, 2013 at Govt. P.G College, Lansdowne, Uttrakhand
17. Organized one day workshop on Intellectual property rights (Sponsored by UCOST Dehradun) in 31st August, 2013 at Govt. P.G College, Lansdowne, Uttrakhand
18. National Seminar on Relevance of Gandhi in New World order (Sponsored by ICSSR), held in 24-25 march 2014, at Govt. P.G College, Lansdowne, Uttrakhand
19. National Seminar on Yoga, Naturopathy & Holistic Health (Sponsored by UCOST) held in 28-29 September, 2016 at Govt. MBPG College Haldwani, Uttrakhand
20. Participated in International and National Seminars: More than Fifty International, National Conferences & Seminars as keynote speaker, session chair person and resource person etc.

Publications

A. Research Paper

1. **R.K. Gupta**, Anamika Chaudhary. Ecological sustainability; need of the hour. *Quest* (The journal of ASC, Nainital) 2009:3(1) [ISSN : 0974-5041]
2. **R.K. Gupta**, A study on the role of Gram Panchayat Vikash Adhikari (GPVA) in U.P., *The Indian Journal of Political Science* 2006;67(3): 491-498. [ISSN : 2278-8859]
3. **R.K. Gupta** & Pushpa Devi, Financing of Higher Education with special reference to Uttaranchal, *The Uttaranchal Journal of Higher Education, Inaugural Issue* 2005;1(1)31-35.
4. आर० के० गुप्ता, 2004, *विकास और सामाजिक, आर्थिक न्याय की संवैधानिक अवधारणा एवं राजनीतिक निर्णय विकास परिचर्चा*, व्यवहारिक शोध व विकास संस्थान, इन्दिरा नगर, लखनऊ। [ISSN: 0971-4650]
5. **R.K. Gupta**. Law and Order Administration in Ancient India. *The Indian Journal of Political Science*. 2004; 65(1):111-122. [ISSN : 0019-5510]
6. **R. K. Gupta**, 2003, Ethics in Indian Administration, *Dynamics of Public Administration*. 2004;15-16(1-2): 58-62
7. आर० के० गुप्ता, 2003, *भारत में ग्रामीण हिंसा, ब्दबमचज – न्ततमदजे* Vol. III 2003, Published Under the Auspices of D.H.E., Uttaranchal.
8. **R.K. Gupta** & B. Tiwari. Panchayati Raj & the Basic Problems of New State of Uttaranchal, U.P. *Journal of Political Science* 2003;9(1 & 2):7-10.
9. पी०सी० बाराकोटी एवं आर० के० गुप्ता, 2002, *परिस्थितिकी संतुलन व विकास की रणनीति Concepts and Currents* Vol. II, Page 7-13 Published under the auspices of Directorate of Higher Education, Uttaranchal.
10. आर० के० गुप्ता एवं राजेश पालीवाल, 2001, *वैदिक कालीन राजनैतिक व्यवस्था*, वरिवस्था संयुक्तांक 2-3 पृष्ठ 18-22 इलाहाबाद।

11. **R.K. Gupta** & Sadhana Singh. Significance of I.T. and Indian Administration. *Concept and Currents* (Published under the auspices of Directorate of Higher Education, Uttarakhand) 2001;2(1):151-153
12. आर०के० गुप्ता एवं एन०एस० चुफाल, 1999, *भारत की जनसंख्या नीति : अग्रिम चुनौतियां और उसके बाद की रणनीति* Man, Nature and Society (Inaugural Issue), Page 42-46 Kumaun Univ. Nainital.
13. आर० के० गुप्ता, 1985-86, *सुरक्षा के परिप्रेक्ष्य में भारत पाक सम्बन्ध*, उ० प्र० राजकीय महा० एकेड० सोसाइटी शोध पत्रिका खंड 1 पृष्ठ 65-70

B. Research Paper in Medical Journals

14. Devanand Gupta, **Rajendra kumar Gupta**. Investigation of antibacterial Efficacy of *Acacia nilotica* against salivary Mutans Streptococci - A Randomised Control Trial. *General dentistry*. (In Press) [ISSN 0363-6771] **(Pubmed/ Medline Indexed)** [Journal of Academy of General Dentistry, USA]
15. Devanand Gupta, Deepak Ranjan Dalai, Dara John Bhaskar, Nisha Singh, Ankita Jain, **Rajendra Kumar Gupta**. Acupuncture- An emerging adjunct in routine dental practice. *J Tradit Complement Med*, 2014 (In Press) [ISSN: 2225-4110] [Journal of Department of Chinese Medicine and Pharmacy, Ministry of Health and Welfare] **(Pubmed/ Medline Indexed)**
16. Gupta Devanand, Bhaskar DJ, **Gupta Rajaendra Kumar**, Karim Bushra, Jain Ankita, Dalai Deepak Ranjan. Comparative Evaluation of the Complementary and Alternative Medicine Therapy and Conventional Therapy Use for Musculoskeletal Disorders Management and Its Association with Job Satisfaction among Dentists of West India. *Journal of Traditional & Complementary Medicine* [Epub ahead of print] [ISSN: 2225-4110] [Journal of Department of Chinese Medicine and Pharmacy, Ministry of Health and Welfare] **(Pubmed/ Medline Indexed)**
17. **Gupta Kumar Rajendra** , Gupta Devanand, Bhaskar Dara John, Yadav Ankit, Obaid Khursheed , Mishra Sumit. Preliminary antiplaque efficacy of *Aloe Vera* mouthwash on 4 day plaque re-growth model: Randomized control trial *Ethiopian Journal of Health Sciences* 2014;24(2); 139-144 [ISSN:1029-1857 (Print) •1029-1857 (Online)] [Jimma University, Ethiopia] **(Pubmed/ Medline Indexed)**
18. Gupta Devanand, Bhaskar Dara John, **Gupta Kumar Rajendra**, Karim Bushra, Kanwar Alpana, Jain Ankita, Yadav Ankit, Saini Priya, Arya Satya, Sachdeva Neha. Use of complementary and alternative medicine for work related musculoskeletal disorders associated with job contentment in dental professionals: Indian outlook. *Ethiopian Journal of Health Sciences* 2014;24(2);117-124 [(ISSN:1029-1857 (Print) • 1029-1857 (Online)] [Jimma University, Ethiopia] **(Pubmed/ Medline Indexed)**
19. Devanand Gupta, Dara John Bhaskar, **Rajendra Kumar Gupta**, Ankita Jain, Priyanka Yadav, Deepak Ranjan Dalai, Rajeshwar Singh, Nisha Singh, Varunjeet Chaudhary, Ankit Singh, Ankit Yadav, Bushra Karim. Is CAM therapy effective in job satisfaction among dentist of with Musculoskeletal Disorders: A cross sectional study? *Medycyna Pracy*

- 2014;65(3) (Published on-line first) [ISSN (Print) 0465-5893 • ISSN (Online) 0465-5893] [Journal of Nofer Institute of Occupational Medicine in Łódź, Poland] (**Pubmed/ Medline Indexed**)
20. Bushra Karim, Dara John Bhaskar, Chandan Agali, Devanand Gupta, **Rajendra Kumar Gupta**, Ankita Jain and Alpana kanwar. Effect of *Aloe vera* Mouthwash on Periodontal Health: Triple Blind Randomized Control Trial. *Oral Health Dental Management* 2014;13(1);14-19 [ISSN: 2247-2452] [An International Journal of Oral Health Research, USA] (**Pubmed/ Medline Indexed**)
 21. Dev Anand Gupta, Dara John Bhaskar, **Rajendra Kumar Gupta**, Bushra Karim, Ankita Jain, Deepak Ranjan Dalai. Green tea: A review on its natural anti-oxidant therapy and cariostatic benefits. *Issues in Biological Sciences and Pharmaceutical Research* 2014;2: (1) 8-012 [ISSN : 2350-1588]
 22. Devanand Gupta, Dara John Bhaskar, **Rajendra Kumar Gupta**, Bushra Karim, Ankita Jain, Rajeshwar Singh, Wahaja Karim. Efficacy of *Ocimum sanctum* extract mouthwash in comparison with Chlorhexidine Mouthwash on dental plaque and gingival inflammation – A Randomized Control Clinical Trial. *Journal of Ayurveda and Integrative Medicine* 2014;5(2):109-16 [ISSN (Print) 0975-9476 • (Online) 0976-2809] (**Pubmed/ Medline Indexed**) [Journal funded by AYUSH]
 23. Devanand Gupta, Dara John Bhaskar, **Rajendra kumar Gupta**, Vipul Gupta, Chandan Agali, Bushra Karim. Comparative Evaluation of Terminalia chebula Extract Mouthwash and Chlorhexidine Mouthwash on plaque and gingival inflammation – 30 days randomized control trial. *Oral Health Preventive Dentistry*. 2013 (In Press) [ISSN (Print) 1602-1622 • ISSN (Online) 1757-9996] [Official journal of Academy of Minimally Invasive Dentistry, the World Congress of Microdentistry and the European Society of Preventive Dentistry, London] (**Pubmed/ Medline Indexed**)
 24. Gupta, D., Bhaskar, D. J., **Gupta, R. K.**, Karim, B., Gupta, V., Punia, H. B, Manu., J, Ankita., Agarwal, A. Effect of *Terminalia chebula* Extract and Chlorhexidine on Salivary pH and Periodontal Health: 2 Weeks Randomized Control Trial. *Phytotherapy Research* (2013). [Epub ahead of print] [ISSN (Print) 0951-418X • (Online) 1099-1573] (**Pubmed/ Medline Indexed**)
 25. Dr. Devanand Gupta, Dr. Dara John Bhaskar, **Dr. Rajendra Kumar Gupta**, Dr. Vipul Gupta, Dr. Chandan Agali, Dr. Himanshu Punia, Dr. Bushra Karim, Dr. Ankita jain. Green Tea - Boon for Oral Health. *International Journal of Applied Pharmaceutical Science & Biomedical Science*. 2013; 2(2): 112-119. (ISSN (Online) 2277-9280)
 26. Ankita Jain, Dara John Bhaskar, Devanand Gupta, Chandan Agali, Vipul Gupta, Bushra Karim, **Rajendra Kumar Gupta**. Comparative Evaluation of Honey, Chlorhexidine Gluconate (0.2%) And Combination of Xylitol and Chlorhexidine Mouthwash (0.2%) on the Clinical Level of Dental Plaque-A 30 Days Randomized Control Trial. *Perspectives in Clinical*

Research. (In Press) [ISSN (Print) 2229-3485 • (Online) 2229-5488] [An official publication of the Indian Society for Clinical Research] (**Pubmed/ Medline Indexed**)

27. **Rajendra kumar Gupta**, Dara John Bhaskar Devanand Gupta. A bunch of antioxidants from eastern medicine. *Upatyaka* (Annual magazine of Govt. P.G College Lansdowne) 2012: 38-40 [ISSN : 2278- 8859]

C. Chapter in books

- 1 आर० के० गुप्ता एवं पुष्पा देवी, 2004, उच्च शिक्षा का बढ़ता विस्तार व घटती गुणवत्ता, उच्च शिक्षा की गुणवत्ता श्री भारतीय सामाजिक शोध सोसायटी, हल्द्वानी
- 2- R. K. Gupta, 2004, *Curriculum and Political Ideology*, Higher Education: Challenges for the future, Publisher, Anamika Publisher & Distributors, New Delhi.
- 3- आर० के० गुप्ता, 2001 सत्याग्रह और गांधी 21वीं सदी में गांधी जी के विचारों की प्रासांगिकता (क्रियान्विती के विशेष संदर्भ में) पृष्ठ 99–100 उच्च अध्ययन शिक्षा संस्थान, सरदारशहर, राजस्थान
- 4- R. K. Gupta, 2002, *Relevance of Distance Education in Present Circumstances*, दूरस्थ शिक्षा की उपयोगिता, पृष्ठ 127–130, जैन विश्व भारती संस्थान (मान्य विश्वविद्यालय) लाडनूं, राजस्थान
- 5- R. K. Gupta and P.C. Tiwari and Y.C. Singh, 21-24 Dec. 2000, *concerning the re-orientation of Teachers' Training for Hi-tech 21st Century India*, Published in the Souvenir of International Seminar Hindu College Moradabad.
- 6- R. K. Gupta and P.C. Tiwari, 27-28, 2002, *Terrorism: A Brief Note*, Published in the Souvenir of National Seminar Govt. M.B.P.G. College, Haldwani.
- 7- R. K. Gupta, 28-29 July 2003, *Status of Higher Education: A Brief Note*, Published in Souvenir of National Seminar at Dev Sanskriti University, Haldwani.
- 8- R. K. Gupta, 8-9 Oct., 2003, *Engima of North-Eastern States*, Published in the Souvenir of National Seminar, Govt. M.B.P.G. College, Haldwani.
- 9- R.K. Gupta, 1st&2nd Oct 2004, *Corruption in India: Origin, Causes & Solutions*, published in the Souvenir of National Seminar at Dev Sanskriti University, Haridwar.
- 10- R.K. Gupta. 2005 Curriculum and political ideology. Higher education; challenges for the future. Anamika Publisher & Distributors, New Delhi, [ISBN: 81-7975-117-1]
- 11- R.K. Gupta and Shankar Viridi. 2007 Corruption causes, consequences and prevention. Corruption in India. Anamika Publisher & Distributors, New Delhi, [ISBN: 81-7975-164-3]
- 12- R.K. Gupta and Anamika Chaudhary, *Hind Swaraj – Gandhi's Manifesto: A 21st Century Agenda for Non – violence*, Hind Swaraj : 100 Years of Gandhian vision, June 2010, Ankit Prakasan, haldwani [ISBN: 81- 7988-012-5]
- 13- R.K. Gupta. 2013 Gandhian influence on Nelson Mandela. Influence of Gandhian ideology on world scenario. Published by Degree college of Physical Education Amravati (MS) [ISBN: 978-81-923351-0-0]

- 14- R.K. Gupta. 2014 Gandhian views on health. Indian culture in life and work of Mahatma Gandhi. Published by Degree college of Physical Education Amravati (MS) [ISBN: 978-81-923351-9-3]

D. Books

- 1- Dev Anand Gupta, Dara John Bhaskar, **Rajendra Kumar Gupta**. *Contemporary and Alternative Dentistry: Ayurveda in Dentistry*. 2013, Lap Lambert Academic Publishing, Germany. • ISBN-13: 978-3659370137]
- 2-**R.K Gupta & H.D Bist**
Corruption in India; origin causes and solution (Ed.) 2007, Anamika Publisher & Distributors, New Delhi, [ISBN: 81-7975-164-3]
- 3-आर० के० गुप्ता
लोक प्रशासन, 2000,
शिल्पी प्रकाशन, इलाहाबाद (उत्तर प्रदेश)
- 4- **R. K. Gupta & H.D. Bist**
Higher Education: Challenges for the Future (Ed.), 2005, Anamika Publisher & Distributors, New Delhi, [ISBN: 81-7975-117-1]
5. आर० के० गुप्ता, पुष्पा देवी एवं निवेदिता गुरुरानी
उच्च शिक्षा की गुणवत्ता (सम्पा.), 2004,
श्री भारतीय सामाजिक शोध सोसायटी, हल्द्वानी, नैनीताल।
6. आर० के० गुप्ता एवं राजेश चन्द्र पालीवाल
राजनीतिक विचारधाराओं की संक्षिप्त रूपरेखा, 2005
श्री भारतीय सामाजिक शोध सोसायटी, हल्द्वानी, नैनीताल। [ISBN: 81-903306-1-6]
- 7- R. K. Gupta, Chief Editor
* **Concepts & Currents** (Vol. I, 2001) Annual Journal published under the auspices of Directorate of Higher Education, Uttaranchal. [ISSN: 0973-448]
* **Concepts & Currents** (Vol. II, 2002) Annual Journal published under the auspices of Directorate of Higher Education, Uttaranchal. [ISSN: 0973-448]
* **Concepts & Currents** (Vol. III, 2003) Annual Journal published under the Auspices of Directorate of Higher Education, Uttaranchal. [ISSN: 0973-448]
8. R. K. Gupta, Editor
UJHE (Uttaranchal Journal of Higher Education),
Inaugural Issue July 2004-June 2005 Vol-1 No.1, The Journal of Academica, Directorate of Higher Education, Uttaranchal, Haldwani (Nainital) Uttaranchal. [ISSN: 0973-4171]
9. R. K. Gupta, Associate Editor
International Journal of Contemporary Medical Research, ISSN (online) 2393-915X, ISSN (print) 2454-7379

10. आर० के० गुप्ता

सह सम्पादक

वरिवस्या, जनवरी-मार्च 2000

वरिवस्या, जुलाई-सितम्बर 2001 ,

वरिवस्या, जुलाई-सितम्बर 2003

(महायोग व अध्यात्म विज्ञान की त्रैमासिक शोध पत्रिका, इलाहाबाद)

E. Other Published Work

1- आर० के० गुप्ता

“सन्धुरियन चाय एक चमत्कारी पेय”, वरिवस्या जुलाई-सितम्बर, 2001, पृष्ठ-25, इलाहाबाद

आर० के० गुप्ता

2- “जल चिकित्सा” वरिवस्या जुलाई-सितम्बर, 2000, पृष्ठ-44, इलाहाबाद

आर० के० गुप्ता, देवकीनन्दन भट्ट

3. “योगासन परिचय नियम व तैयारी”, वरिवस्या जुलाई-सितम्बर, 2000, पृष्ठ-41-42, इलाहाबाद

आर० के० गुप्ता

4. “एक लघु भेंट”, जीवित इतिहास शैलेस मटियानी, 2000, पृष्ठ 81-82 श्री शैलेष मटियानी नागरिक सम्मान समिति, हल्द्वानी

आर० के० गुप्ता, देवकीनन्दन भट्ट

5. “कुण्डलिनी जागरण”, वरिवस्या जुलाई-सितम्बर, 1999, इलाहाबाद

6. “ग्रन्थियां ही स्वास्थ्य का मूल आधार”, दि आर्टिकल, 1997, हल्द्वानी

Experience in Games & Sports

- Participated in All India Civil Services Athletic Meet in 1996-1997.
- Member U.P. Civil Service Athletic Team in 1996-97.
- Member U.P. Civil Service Athletic Team in 1997-98.

Rajendra Kumar Gupta